

Let's Talk About



Chronic Pain



An Evening of Education, Discussion and Questions

Where: Physiotherapy Centre Ivanhoe, 71 Marshall Street, Ivanhoe

When: Thursday 26th July - 7pm to 8.30pm

By: The Physiotherapists at this Clinic

For: People who want to learn more about pain and ways of dealing with it

TOPICS:

- ⇒ Taking control of your pain
- ⇒ Understanding pain and its role
- ⇒ Active management and treatment
- ⇒ Tips and Tricks
- ⇒ Pain "first aid"
- ⇒ Options other than medication
- ⇒ Sensitivity and bioplasticity
- ⇒ What on earth is Worksafe and TAC on about?

Feel free to pass this onto anyone who you think may benefit

Please RSVP to info@physioivanhoe.com.au by 23rd July 2018

Or call 9497 3075



PHYSIOTHERAPY
CENTRE
IVANHOE